



# EAST

Oceanfront Dining

## LUNCH

### SMALL PLATES

SOUP DU JOUR | Market Price

PIMENTO CHEESE v | 10  
cheddar, pepperjack and yogurt spread  
with honey-balsamic pickles

\*AHI TUNA TARTARE | 16  
Yuzu avocado mousse, cucumber, radish,  
tamari, sesame oil, wasabi crema, furikake  
and wonton chips

FRIED CAULIFLOWER v | 13  
buttermilk fried with harissa coconut hot  
sauce, yogurt sauce and pickled vegetables

### SALADS

RUNNER SALAD vg gf | 11 full | 8 petite  
local greens, hearts of palm,  
cucumbers, radish and sunflower seeds  
with white balsamic vinaigrette

ROASTED BEET SALAD v gf | 13 full  
local greens, citrus, pistachios,  
feta, white balsamic

MEDITERRANEAN SALAD v gf | 14 full  
local greens and romaine, cucumbers, tomatoes,  
feta, pepperoncini, marinated olives, tzatziki,  
medjool dates, garlic thyme croutons

+ NC GRILLED SHRIMP | 11  
+ MAHI-MAHI | 13  
+ GRILLED CHICKEN | 8

## SANDWICHES

*served with your choice of seasoned fries, fresh fruit  
or a small garden salad. | gluten-free bun | 2*

\*BLOCK BURGER gf | 17  
certified grass-fed beef, Havarti cheese, arugula,  
tomato, house-made pickles and comeback sauce  
on a brioche bun

BLTA gf | 15  
applewood smoked bacon, tomato, lettuce,  
avocado, lemon aioli on sprouted white bread

FISH SANDWICH gf | 17  
grilled or fried fresh catch of the day, lettuce,  
tomato, red onion, malt vinegar aioli on a  
brioche bun

CHICKEN SANDWICH gf | 15  
pimento cheese, bacon, tomato, lettuce

## ENTREES

SHRIMP TACOS | 16  
grilled NC shrimp, smashed avocado,  
cucumbers, radish, wasabi crema, crispy  
shallots, sesame, tamari

FRIED AVOCADO TACO | 14  
flour tortilla, guajillo salsa, queso fresco,  
cabbage, pickled green tomato crema

SMOKED SALMON TOAST | 17  
smoked salmon, tzatziki, tomato, everything  
bagel spice, microgreens, harvest bread, side  
salad

SOUTHSIDE CHICAGO DOG | 13  
NC Brasstown Beef hotdog, sport peppers,  
tomato, pickle, house-made relish, celery salt,  
spicy brown mustard, split top bun

*As an Ocean Friendly Establishment,  
Blockade Runner and EAST Oceanfront  
only provide straws upon request.*

*20% gratuity will automatically be added to parties of 10 or more.*

*v - vegetarian | vg - vegan | gf - is or can be gluten free*

*\*Can be cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Please alert your server to any allergies or intolerances.*