

eAST lunch menu

salads

build your own salad (separate menu)

soups

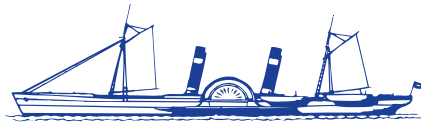
blockade runner lobster bisque	cup 5	bowl 7
soup of the day	cup 4	bowl 6

During the Civil War Blockade Runners were typically the fastest ships available. Their operation was quite risky since blockading fleets would not hesitate to fire on them. However, the potential profits from a successful blockade run were tremendous, so blockade runners typically had excellent crews. Our ballroom and function spaces are each named after these historical blockade runner ships and their valiant Captains; and now we have continued this tradition with our wraps below.

wraps

All wraps are served with house fried chips or the salad of the day.

the nassau ~ captain john newland maffitt grilled shrimp with jack cheese, cucumber, lettuce, fresh salsa and yogurt sauce	10.00
the banshee ~ captain jonathan steele grilled ham and cheddar with lettuce, tomato, sprouts and honey mustard	8.25
the cape fear ~ captain wise marinated strips of chicken, jack cheese, fresh salsa and sour cream	8.75
the condor ~ captain william hewett sliced turkey with cheddar cheese, sweet pepper relish, sautéed onions and yogurt ranch	8.50
the falcon ~ admiral hewitt sliced roast beef with provolone cheese, sautéed mushrooms and onions and horseradish sauce	8.50
the kate ~ captain thomas lockwood sliced turkey with jack cheese, cucumber, tomato and yogurt dill sauce	8.25
the flora ~ captain horner avocado, black beans, jack cheese, spinach, sautéed onions, fresh salsa, sour cream, lettuce and sprouts	8.50
the will o' the wisp ~ captain peter capper your choice of any half wrap served with an endless cup of soup	11.00



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sandwiches

club runner	12
fresh turkey, ham and roast beef triple decker style with lettuce, tomato, bacon, swiss and cheddar cheese with dijonnaise on multi-grain bread	
carolinian	15
fresh backfin crabmeat served triple decker style with lettuce, tomato, bacon and mayonnaise	
soft shell crab sandwich	14.25
served with lettuce, tomato and tartar sauce with cole slaw	
certified angus beef burgers	10
half pound of freshly ground char-grilled beef on a kaiser roll with tomato, onion lettuce and served with a choice of cold salad du jour or french fries <i>additional toppings: cheddar, swiss, blue cheese, bacon avocado, sautéed onions and mushrooms</i>	

small plates

salmon	9.50
grilled and topped with a white balsamic and cucumber dill glaze served over mixed vegetables	
mahi mahi	9.25
jerked and topped with an avocado, corn and tomato relish served over black bean cakes	
tuna	9.75
grilled with a ginger sesame glaze served over rice and seaweed salad	
pork chop	9.00
blackened and topped with a red pepper chutney served with rice	
petite filet	20.00
grilled and topped with a blueberry merlot demi served over mashed potatoes	
chicken breast	8.75
grilled and topped with a peach brandy sauce served over summer vegetables	